

# FSW Foodbank Update

All food donations are welcome but **FSW** would currently be grateful for the following items:

Tinned Vegetables (not pulses)  
Table Sauces, Jams & Spreads,  
Chopped Tomatoes,  
Tinned Spaghetti/Ravioli/Macaroni  
Rice Pudding/Custard  
Toiletries & Cleaning Products  
*(Please ensure that all items are in date)*

## FSW Charity Shop - Donations

FSW would also welcome items for their charity shop in Eastbourne, particularly donations of good quality saleable clothing for children & adults.



Donations can be left in the red FSW Foodbank boxes either in the church annexe or at the back of the church, whenever the church is open.

As always many, many thanks for your support!